



# A Step Towards Hope

16<sup>th</sup> Annual

5K Run/Walk for Non-violence 2011

Newman Center

Charleston, Illinois

Saturday, October 8, 2011

Registration: **7:00 am**

Race Begins: **8:00 am**

**ENTRY FEE:** \$20.

Checks payable to Newman Haiti Fund

Drop off at Newman, send through campus mail or mail to  
500 Roosevelt Ave, Charleston, IL 61920

**T-SHIRTS:** Guaranteed to all pre-registered.

**COURSE:** 5K/ 3.1 mile run/walk on city streets

**OTHER INFORMATION:**

- If you raise \$50 or more through donations, your registration fee is waived.
- There will be a light breakfast served immediately following the run/walk.
- Run/walk begins and ends at the Newman Catholic Center.
- Times are given, but no prizes. There is a water station along the route.

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*Proceeds go to Haiti Connection at EIU and SACIS.*

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip

Email \_\_\_\_\_ Phone \_\_\_\_\_

T-Shirt Size:  S  M  L  XL

*In consideration of the foregoing, I, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I have, or may have, against, the Haiti Connection at EIU and the Newman Catholic Center, its members, or its agents, and any and all claims of damages, demands, actions, whatsoever in any manner as a result of my participation in said race. I attest and verify that I am physically fit and have sufficiently trained for the competition of this event. Further, I hereby grant full permission to any and all of the foregoing to use my likeness for any purposes whatsoever.*

Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent of legal guardian if under 18 \_\_\_\_\_

Date \_\_\_\_\_

**Baby Strollers welcome on walk!**

**No Dogs.**

**No Rollerblades.**

Date of Birth: _____
Age on 10/8/11: _____
<input type="checkbox"/> Run <input type="checkbox"/> Walk
Sex: <input type="checkbox"/> M <input type="checkbox"/> F